

**POINT** ➔ **WE ASK GOD  
FOR WHAT WE NEED.**

Open your Bible to 1 Samuel 21, and show kids the words. **SAY: The Bible is God's special book. It tells us about a time King Saul was angry at a man named David. Saul wanted to hurt David, so David was hiding. Some people helped David by giving him food, but David had to keep moving from town to town so Saul wouldn't find him.**

**One time David was hiding in a town called Gath. But the king in that town didn't like David, and he didn't want David to be there. At first David pretended to be crazy so no one would know who he was. But then David prayed and asked God to help him be brave. You'll need to be brave during our game today, too.**

Form two groups: Kings and Davids. Have the Kings try to tag the Davids, who should try to stay away from the Kings by running like they are crazy. After a few minutes, have the groups switch roles.

**ASK: What was it like to act crazy?**

**Tell about a time you felt afraid.**

**David asked God to help him be brave when he was afraid. What's something you're afraid of?**

**How can God help you be brave if you face that thing this week?**

**SAY: David was afraid when he was in a strange town. But he asked God to help him be brave. The Bible says that God helped David with his fears. ➔ WE ASK GOD FOR WHAT WE NEED, TOO.**



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Have everyone sit in a circle. SAY: **We all have things we're afraid of; even grown-ups like David are sometimes afraid. Today we're going to share some things we're afraid of.**

Flatten some *Buzz Boing Putty*, and try to bounce it to someone in the circle while saying that person's name. The putty won't bounce very well. Encourage that child to share one thing that he or she is afraid of and then try to bounce the flattened putty to someone else. Make sure everyone has a chance to share.

SAY: **Thanks for sharing all of those fears. Now, just like David, we're going to ask God to help us be brave when we're afraid.** Open the Bible to Psalm 34, and show kids the words. **We'll even use some of the same words David prayed! Let's pray together.** Encourage kids to close their eyes and fold their hands.

PRAY: **Dear God, please help us be free from our fears. We know you can keep us safe from** [name a few of the fears kids listed]. **Help**

**us look to you for help, and help us have joy. Save us when we have troubles. Amen.**

SAY: ➔ **WE ASK GOD FOR WHAT WE NEED.** We can always ask God when we need help being brave. Now that we've asked God to help us, let's try to bounce the putty again. This time, make the putty into a ball, and have kids say, "God makes me brave!" before naming someone and bouncing the ball to that person.

ASK: **Explain whether it feels better to be afraid or brave.**

**Tell about a brave person you know.**

SAY: **Being brave is a lot more fun than being scared. We can do more things when we are brave. And when we need help being brave,** ➔ **WE ASK GOD FOR WHAT WE NEED.**

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**SAY:** There are lots of scary things around us. But God has promised to keep us safe, even when we're afraid. Just as God helped David be brave, he can help us be brave, too.

Pass out paper and crayons. Encourage each child to draw a picture of a time he or she was afraid. Then have kids fold up their papers.

**SAY:** Now I'd like everyone to show me how your face looked when you were afraid in this situation. Keep that look on your face as you come up and place your picture in the **Amen! Box**. When you let go of your paper, show me what your face looks like when you feel brave.

Allow time for all the kids to put their fear drawings in the box. As children place their papers in the box, lead them in saying, "[God] freed me from all my fears" (Psalm 34:4).

**ASK:** What was it like to put your drawing somewhere safe where you don't have to look at it anymore?

What's something you can do to let God help you be brave this week?

**SAY:** ➔ **WE ASK GOD FOR WHAT WE NEED.** God can keep us safe and help us be brave. He helped David act brave instead of scared.

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**SAY:** We've been learning that we can ask God for what we need, just as Jesus did when he taught people how to pray. Jesus' prayer says, "Give us today the food we need." That means we can ask God for food or anything else we need. Let's sing a song that reminds us that we can pray to God anytime.

Play ● "We Can Pray" (track 9) on the CD, and lead the kids in singing the song to the tune of "When the Saints Go Marching In." Also lead kids in doing the motions in parentheses.

**SING:**

**Oh, we can pray** (*fold hands*)  
**To God all day.** (*march in place*)  
**Our God is never far away.** (*shake head*)

**In Taiwan, Peru, or Norway,** (*point different directions*)

**God will hear just what you say.** (*put hand on ear*)

**Oh, we can pray** (*fold hands*)  
**To God all day.** (*march in place*)  
**Our God is never far away.** (*shake head*)

**There's no need for us to delay.** (*march in place*)

**Who will pray right now, today?** (*point to others*)

*(Repeat from the beginning.)*

**ASK:** **David knew that he could pray wherever he was—even in a strange town. Where are some different places you can pray?**

**What's something you need from God this week?**

**SAY:** You can ask God for what you need anytime, anywhere. David went to a lot of places running from King Saul, but no matter where he was he knew ➔ **WE ASK GOD FOR WHAT WE NEED.**

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**SAY:** When you see friends who are scared, you can remind them that God can help them be brave. Let's practice sharing that good news with our group today.

Give kids time to give a high five to three others while saying, "God can help you be brave!"

**SAY:** Just as David asked God to help him be brave, you can ask God for what you need, too. And you can share that good news with your friends this week!

**ASK:** Who's one person you can tell about God this week? Why do they need God's help to be brave?

**SAY:** I'm going to pray, and when I pause you can fill in the name of someone you want to pray for.

**PRAY:** God, please help (pause for kids to fill in names) be brave like David. In Jesus' name, amen.

**SAY:** ➔ **WE ASK GOD FOR WHAT WE NEED.** And we can pray about the things our friends and families need, too. God answered David's prayer, and he can answer ours, too.